

# BICYCLE SAFETY TIPS

## for kids and teens



## ALWAYS wear a helmet

Not only is it the SAFE and smart thing to do, it is also a California state law. Every person under the age of 18 MUST wear a helmet when riding a bike, skateboard, scooter or rollerblades.

## Ride in a bike lane

When possible, ride in a bike lane. When no bike lane is present, ride in the street and with the flow of traffic. It is illegal, and dangerous to pedestrians to ride on the sidewalk. A bicycle must follow all the same rules as a car or motorcycle.



## Ride with lights

A white front light and a red tail light are required when riding at night. They are also a good added safety step for day time riding too. The brighter the better. They can be purchased online and at stores that sell bicycle gear. Prices range for \$15 up to several hundred dollars.



**ALWAYS** watch out for cars when riding. Bikes are harder to see because of their size and not every driver is paying attention at all times.

**IF YOU SEE SUSPICIOUS ACTIVITY CALL 310-675-4444**